

Scottish Rugby Union

U20s women residential camp

Why did you choose the national centre?

Everything we need is on-site, from grass pitches, the indoor 3G, changing spaces, meeting rooms, fantastic new accommodation - everything we need to run a quality performance camp!

Inverclyde came highly recommended by colleagues and other Scottish Rugby teams who had stayed there before.

Inverclyde is able to afford us flexibility - when it comes to bad weather, changing needs, timings and player numbers because they understand this is the nature of performance sport and can adapt to ensure everything runs smoothly and efficiently.

There's also need need to have team buses shuttling players to and from training and hotels because everything is on site.



Tell us about your overall experience

It was fabulous! Our players and staff loved Inverclyde. The facilities were excellent, especially the indoor 3G and meeting spaces.

It is an inspiring venue - we trained hard and made huge strides as a team, both on and off the pitch. The players relaxed and recharged between sessions because they had more time (the time saved travelling between sites) and the lounge and bedroom spaces allow for it.

The staff were extremely accommodating, efficient, adaptable and catered for our every need, they did this with energy, enthusiasm and a big smile. It fully met our need from start to finish and look forward to returning soon.

"It is an inspiring venue - we trained hard and made huge strides as a team both on and off the pitch"

Sarah Monaghan

Performance Pathway Manager, Scottish Rugby Union

A highlight of your time with us

Being warm and dry in the indoor 3G when it was pouring down outside. It allowed us to get more work done on the pitch and was particularly appreciated by the support staff - who are used to standing outside in the Scottish rain for hours at a time!

